



DIY FACE MASK PATTERN INSTRUCTIONS

Tutorial video and post at www.5MinutesforMom.com/FaceMask

This mask is NOT a replacement for N95 masks or medical grade equipment. 5 Minutes for Mom does not guarantee effectiveness against disease. Use at your own discretion and risk.

DIY FACE MASK SUPPLIES

- Woven Cotton Fabric 8×8"- for front
- Woven Cotton Fabric 8×8"- for back
- Interfacing 8×8"- optional for added filtration
- Woven Cotton Fabric 2×4½" x 2
- 1/4" Bias Strips 34" x 2
- Pipe cleaners or wire x 2
- Thread
- Scissors

NOTES ABOUT MAKING FACE MASKS

For these masks, we used non-woven, sew-in, lightweight interfacing. This does not guarantee filtration, it is just an option that we tried. This mask is NOT a replacement for N95. You do not need to add this layer. You can make a mask with just the two layers of woven cotton.

For an ADULT SIZE mask, use fabric squares that are 8×8 inches.

[DOWNLOAD ADULT SIZE FACE MASK PDF PATTERN HERE](#)

For a CHILD SIZE mask, use fabric squares that are 7×7 inches.

[DOWNLOAD CHILD SIZE FACE MASK PDF PATTERN HERE](#)

For a CHILD EXTRA SMALL SIZE, use fabric squares that are 6×6 inches. The small mask featured in this post was made with 6×6 inch pattern. It is

quite small and would fit a young child or even a large doll or stuffed animal. (I will upload the PDF pattern for Extra Small shortly.)

You can use bias strips or knit fabric strips for the mask ties or 1/4" or 1/8" elastic for ties that either go around the ears or around the head/neck. If using elastic for around the ears, cut at about 10 inches and knot. This allows the wearer to adjust the fit.

Right now, elastic is sold out in many stores due to the current demand. So, use anything that will work. Make your own ties with strips of knit fabric/t-shirt fabric, cording, shoelaces, or whatever works for you.

Instead of pipe cleaners, you can use twist ties, crafting wire, garden wire, floral wire, etc.

If using pipe cleaners, you can also reinforce the pipe cleaner on the nose bridge area with crafting wire.

DIY FACE MASK INSTRUCTIONS

Stack fabric, placing the interfacing down first.



Then place the back fabric RIGHT SIDE UP.

Next place the front fabric RIGHT SIDE DOWN.

Pin or clip the three squares of fabric together. Sew the pieces together with stitching along the top and the bottom with a 1/4" seam allowance.



After stitching, turn right side out.

The interfacing should be sandwiched inside.



The wrong sides of the front and back fabric should be facing inside, and the right sides should be facing out.

Press the seams.

Place pipe cleaners along seams, between interfacing and back fabric.



The pipe cleaner along the bottom seam helps to create a tighter fit, but you do not need to use a pipe cleaner along the bottom seam. It is optional.

If you are using wire for the top of the mask in the nose bridge area instead of pipe cleaners, slide the wire into place and clip in place.

If you want to reinforce the pipe cleaners around the nose, you can add a few inches of craft wire or a twist tie to the nose area in addition to the pipe cleaners.

You will probably need to use clips or pins to keep the fabric and the pipe cleaners in place.



Stitch pipe cleaners in place, sewing 1/2" from edge, on top and bottom seams.



Trim pipe cleaners and fold sharp ends.

From top seam working down, fold three pleats, nesting each fold next to one another.



Press pleats.



Stitch sides to hold pleats in place with a 1/4" seam allowance.



Place trim fabric right side down, raw edges together, and stitch with 1/4 seam allowance.





Press fabric along stitch line so right side is facing up.



Fold short ends in...



Press...



Fold the folded edge over and press again.



Stitch in the ditch, catching the back.



Repeat on the other side...



Using a bodkin or a safety pin, thread straps/elastic through sides.



Bend and shape wire to desired fit. If the mask gapes under the chin, bend the bottom wire into two small pleats at the bottom sides.

